



November 2023

To all Clubs, Schools, Association and Life Members,

#### **FOR THE 2024 ANNUAL GENERAL MEETING**

At the Board Forward Planning meeting held in November 2023, the WDNA Board proposed the following recommendations (printed in red) in relation to the Policies and Procedures for ratification: -

\*Clubs have until January 14, 2024, to send in any comments or suggestions for the Board to review at the January Board meeting. There will be no discussion on the P & P changes at the AGM\*

Please note that numbering may be affected by the proposed changes and the order of headings will be alphabetical.

#### **PROPOSED ALTERATIONS TO CONSTITUTION**

**18.1.6** The agenda of the Annual General Meeting shall be:

*Announcement/ Election of New Board*

#### **RECOMMENDED CHANGES TO THE POLICIES AND PROCEDURES 2024.**

##### **DEFINITIONS:**

##### **NETSETGO SET:**

Basic modified game for players born **1 July 2017 to 30 June 2015.**

##### **NETSETGO GO:**

Basic modified game for players born **1 July 2015 to 30 June 2013**

#### **4. AWARDS**

##### **4.12 Coaching Excellence Award**

##### **Nominations**

To be received by the beginning of **August**, recipient to be ratified by the Board at the **August** Board meeting.

#### **5 BLOOD RULE**

##### **5.1 Injury/Illness or Blood**

(i) The umpires hold time for blood when noticed or for injury/illness when requested by an on-court player (in extreme circumstances the umpires may hold time without a request being made).

(ii) The player concerned must leave the court within 30 seconds and receive any treatment off the court. The timekeepers advise the umpires when 10 seconds remain.

(iii) Only primary care person/s are permitted on the court to assess the player's medical condition and to assist the player from the court.

(iv) In the event that the primary care person/s advise the umpires that the player concerned cannot be removed safely within 30 seconds, the umpires will extend the time for the player to leave the court.

(v) The umpires may authorise other persons (including team officials) to assist the player to leave the court if needed.

(vi) Any blood on the ball or the court must be cleaned before play restarts and any blood-stained clothing replaced.

(vii) Any other players with blood on them and/or their clothing must leave the court and have the blood-stained clothing replaced and blood cleaned off their body before play restarts.

(viii) During the stoppage both teams may make substitutions and/or team changes, provided these are completed within the time allowed for the stoppage by the umpires.

(ix) If no substitution is made for the injured/ill player, or for a player who is bleeding, play may resume with the position left vacant. If the player is the Centre and no substitution is made, one player must move to play as Centre to allow the match to continue.

(x) If the position has been left vacant the player concerned or a substitute may not enter the match while play is in progress.

Sanction: The player is sent from the court until the correct time for entry. Penalty pass where ball was when play was stopped and a player from the infringing team allowed in the area stands out of play for the penalty.

(xi) If the position has been left vacant the player concerned or a substitute may subsequently, after advising the umpire, take the court immediately after one of the following:

(a) A goal has been scored (in this case the player or a substitute must play in the position left vacant).

(b) A stoppage for injury/illness or blood.

(c) An interval

## **11. COMPLAINT HANDLING PROCEDURES**

The Board may refuse to accept complaints if the complaint card has not been used or signed by the club contact and any complaints that are deemed to be frivolous, vexatious, or otherwise mischievous in their nature.

### **GAME DAY**

#### **11.2**

The DOC or their representative shall determine if the complaint is to be dealt with by a Tribunal or by meeting with the parties concerned – the complainant and the person(s) who are the subject of the complaint.

If a meeting is required, it will take place as soon as practicable having regard to the process of obtaining statements from those persons involved.

The meeting will be conducted by the DOC or their representative and another WDNA Board member not otherwise involved with either party. At the conclusion of the meetings both parties shall be advised within 48 hours as to whether the complainant is to be progressed to a Tribunal hearing or not.

In the case of a WDNA Official (including Squad umpires) making a complaint, the President (or representative) and DOC will determine if the complaint proceeds.

- The DOC or their representative shall determine if the complaint is to be dealt with by a Tribunal or by meeting with the parties concerned – the complainant and the person(s) who are the subject of the complaint.
- If a meeting is required, it will take place as soon as practicable having regard to the process of obtaining statements from those persons involved.
- The meeting will be conducted by the DOC or their representative and another WDNA Board member not otherwise involved with either party. At the conclusion of the

meetings both parties shall be advised within 48 hours as to whether the complainant is to be progressed to a Tribunal hearing or not.

#### 11.4 OFFICIAL COMPLAINTS

A complaint must be lodged by the **club contact** on the **appropriate form** or by email to WDNA by Monday 6:00pm following the match in Winter and by Friday 6:00pm following the match in Spring together with a fee of **\$25.00**.

#### 12. CONCUSSION POLICY

This policy is in line with Netball Australia's Policy & Position Statement on Concussion in Netball, as well as Concussion in Sport Australia's advice. It is split into two parts, one for 18 and Under athletes and the other for Open players.

##### **IF IN DOUBT, SIT IT OUT**

Any suspected concussions must be reported to the First Aid personnel to protect the player, officials, the club, and the Association.

##### **ATHLETES AGED 18 AND OVER.**

Recognising concussions can be difficult. It is important to know when to suspect concussion because appropriate response and management can help prevent further injury or even death. There are several possible symptoms and signs, but they can be subtle, and they are not specific only to concussion.

Use the **Concussion Recognition Tool 5** and follow this [flow chart](https://bism.bmj.com/content/bjsports/early/2017/04/26/bjsports-2017-097508CRT5.full.pdf) to help you recognise concussions. <https://bism.bmj.com/content/bjsports/early/2017/04/26/bjsports-2017-097508CRT5.full.pdf>  
Copies of these documents were included in the AGM pack issued to all clubs and available on the WDNA website.

If the **Concussion Recognition Tool 5** indicates a suspected concussion, the athlete must be immediately removed from training or the game and **SHOULD NOT** return to activity until **assessed medically**, even if the symptoms resolve.

If there is any doubt about whether an athlete is concussed, that athlete should not be allowed to return to sport until cleared by a medical practitioner.

Children and adolescents aged 18 years or younger take longer to recover so a more conservative approach to concussion management should be taken. **Concussive symptoms usually resolve in less than four weeks.**

**The child should be completely free of symptoms for at least 14 days before returning to netball activities.**

A medical clearance will be required to be supplied to WDNA for ALL suspected and confirmed concussions before the athlete returns to competition.

##### **Athletes aged 18 and over.**

As with our junior athletes, recognising concussions can be difficult to diagnose.

There are several possible symptoms and signs, but they can be subtle, and they are not specific only to concussion.

Any suspected concussions must be reported to the First Aid personnel to protect the player, officials, the club, and the Association.

Onlookers should suspect concussion when an injury results in a knock to the head or body that transmits a force to the head. **A hard knock is not required**, concussion can occur from relatively minor knocks.

Use the **Concussion Recognition Tool 5** and follow this [flow chart](https://bjsm.bmj.com/content/bjsports/early/2017/04/26/bjsports-2017-097508CRT5.full.pdf) to help you recognise concussions. <https://bjsm.bmj.com/content/bjsports/early/2017/04/26/bjsports-2017-097508CRT5.full.pdf>.

Copies of these documents were included in the AGM pack issued to all clubs and available on the WDNA website.

If the **Concussion Recognition Tool 5** indicates a suspected concussion, the athlete must be immediately removed from training or the game and **SHOULD NOT** return to activity until **assessed medically**, even if the symptoms resolve.

Any athlete with a suspected or confirmed concussion should:

- remain in the company of a responsible adult.
- not be allowed to drive.
- be advised to avoid alcohol.
- check their medications with their doctor.

Specifically, concussed athletes should avoid:

- aspirin
- anti-inflammatories (such as ibuprofen, diclofenac, or naproxen),
- sleeping tablets
- sedating pain medications.

A medical clearance will be required to be supplied to WDNA for ALL suspected and confirmed concussions before the athlete returns to competition.

#### 14. ELIGIBLE PLAYERS

An eligible player is one who has met all the registration requirements of WDNA and NWA.

A player may only register and play with one (1) club in the competition year.

Current NWA guidelines specify that boys may play in the **NSG SET & GO & 12 Under** competition when they are aged 12 years or under.

Any player may play up **one** (1) age group from where they are eligible to play by birth date without approval from WDNA, except NSG players moving from NET to SET **and SET to GO tiers**.

#### 17. FINALS

Upon confirmation, teams are required to update their teams in PlayHQ to include all players playing for that week, by 9:00am Wednesday. Club contact to email [enquiries@wdna.net.au](mailto:enquiries@wdna.net.au) if any changes to your playing list

#### 18. FINES

	Reason for Fine/Penalty	Fine	Penalty
2	Failure to complete a scorecard correctly.	\$10	Fine – repeat offenders may incur further monetary fines at the discretion of the Board
23	Contraventions of the WDNA photography policy	Up to \$500	Penalty at the discretion of the Board which could result in termination of membership.
24	Failure to advise WDNA of suspected or confirmed concussion	Up to \$300	Penalty at the discretion of the Board

## 21. FUNDRAISING AND SPONSORSHIP

Each club is permitted one fundraising OR sponsorship event on the WDNA premises during the **Winter** season excluding Finals. Bookings are to be made by emailing [enquiries@wdna.net.au](mailto:enquiries@wdna.net.au) after WDNA Close Date. Requests are on a first come, first served basis and are subject to approval depending on WDNA's obligations to sponsors and NWA.

If your club participates in both Friday and Saturday competitions, you can hold a fundraising event on both days in the same fixtured round. **Please note that clubs are welcome to use the gate entries for fundraising but are not to wander the courts. The WDNA Club Day is for promoting your club and is not a fundraising event.**

## 28. INTERCHANGE OF PLAYERS

On the fourth time WDNA will automatically move a player to the team list that the player **has played up to for the majority** and then notify the club of the movement. **In the event of no majority the player will be moved to the highest graded team.**

Once a player has been granted a **Season** permit to play up, they may not play in a lower age group or play up to another age division for the remainder of the season. This applies to both Winter and Spring competitions.

## 29. JEWELLERY, GLASSES, NAILS AND BRACES/MEDICAL DEVICES

## 34. PERMITS

A permit is required for a SET player to play in the GO division.

A one (1) game permit to play up may only be used three times in the season.

Athletes turning 15 by December 31 of the year of competition will need to apply for a permit to play up into the 21 & Under and Opens divisions.

## 41. ROLLING SUB'S

For Winter 2023 season there will be a trial incorporating rolling substitutions into the **Open Division 1, 2, 3 and 4 18 & Under Division 1 and 2, 15 & Under Division 1 and 2** competitions.

## 43. SINGLE GAME VOUCHERS (SGVS)

Any player registered to a WDNA club may not purchase and play on a SGV for another WDNA club during the season.

The SGV number **and players** name **must** be recorded on the back of the score card.

## 50. UMPIRING UNIFORMS

### WDNA Academy Umpires

Green Shirts (& Graduates)

Green Shirt Umpiring Polo with white skirt or shorts (boys)

### Squad

Squad shirt with

- White skort or shorts for Junior and Developing Academy umpires.
- Black skort or shorts for Development and Senior Academy umpires

### Club Umpires

## 52. UNIFORMS

Players may wear long sleeve tops and plain leggings either black or white under the Club Uniform.

Kind Regards,

Lorraine Ward  
Association Manager