



METRO DEVELOPMENT PROGRAM POLICIES & PROCEDURES

ABBREVIATIONS

WDNA – Wanneroo Districts Netball Association

MDP – Metro Development Program

ADO – Association Development Officer

FTP&G – Fuel to Play & Go Championship

TACT – Talented Athlete Coach Training

WANL – Western Australian Netball League

1. REGISTRATION REQUIREMENTS

- 1.1 All athletes must register for Metro Development trials via the PlayHQ link provided on the WDNA Website.
- 1.2 All registrations must be completed by the date advertised. **No late registrations will be accepted.**
- 1.3 Should you experience any difficulties with the registration please contact the Association Development Officer at WDNA Inc. via phone or email.

2. ELIGIBILITY & AVAILABILITY REQUIREMENTS

- 2.1 Athletes who are selected into the program are expected to be available for all dates of the program, including, but not limited to training sessions, team bonding sessions, team photos, uniform fitting, and MDP Dinner. These dates are to be advised at the commencement of the program.
- 2.2 Players must have played in the winter season at WDNA to be eligible to trial.
- 2.3 Aged categories as follows: 12U – 14U – 16U and 20U, each athlete must trial in year of age turning (e.g., 13yrs must trial in 14U age group as the same for 15yrs trialing for 16U).
- 2.4 Athletes that did not participate in the TACT program have an opportunity to be TID by the ADO and Selectors, to be invited to trial via a courtesy email or a verbal conversation.
- 2.5 Athletes who are selected as a contracted WANL athlete, (21U or OPENS) are ineligible to participate in this program.



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2.6 Athletes must attend and participate at all trials. If for any reason, athletes are not able to attend trials, they are to contact to discuss the reasons for this with ADO via phone or email as soon as possible.

2.6.1 Athletes who are injured at the time of trials must produce a medical certificate.

2.6.2 If an athlete is unable to attend a trial for medical reasons, their selection/non-selection will be decided by ADO in consultation with the board.

3. TRAINING REQUIREMENTS

3.1 All athletes are required to attend all training sessions.

3.2 If an athlete is unable to train due to injury or to attend training for any other reason, it is the responsibility of the athlete to notify their team coach and the Association Development Officer, via phone or email, prior to the training session.

3.3 If an athlete is injured, they are required to attend and observe the training sessions.

3.4 If an athlete is sick, they are to remain at home; returning to training when recovered.

3.5 It is strongly recommended that athletes either tape their ankles or wear ankle braces during both the training sessions and throughout the competition to help prevent injuries.

3.6 If an athlete misses 2 or more training sessions without a medical reason, or notifying the coach, a meeting will take place between ADO, Director of Umpiring and Development, Parent and Athlete. If an appropriate reason is not provided for lack of attendance the athlete will be released from the Metro Development Program.



4. INJURIES & MEDICAL CLEARANCES

- 4.1 Any athlete who is unable to train due to injury must be reviewed by an appropriately qualified Healthcare Provider.
- 4.2 Injured athletes cannot return to training or playing until the ADO has received a written medical clearance, from the Healthcare Provider. The ADO is responsible for passing this information on to the team Coach.
- 4.3 The ADO and coach must be kept informed of treatment and prognosis after each review with the Healthcare Provider.
- 4.4 Any injury that requires extensive treatment which means an athlete cannot attend and/or participate in training for an extended period may result in that athlete being released from the program. This decision will be made in consultation with the Board, ADO, Lead Coaches, parents, and athlete, taking into consideration all medical information from the Healthcare Provider.

5. BEHAVIOUR EXPECTATIONS

- 5.1 Athletes and Coaches selected within the Metro Development Program are representing the Association and as such are expected to always follow the WDNA Code of Conduct.
<http://wdna.net.au/home/forms-downloads/>
- 5.2 Athletes or Coaches who break the Code of Conduct or who consistently display poor behaviour and/or attitude towards any member within the MDP program may not be selected into the program or released from the program with no refund of fees paid.
 - 5.2.1 Should this involve an already selected athlete or coach then this action will be taken after consultation with the Board, ADO, Coach/s, parent, and athlete.
- 5.3 Athletes or Coaches who break this Code of Conduct while playing or coaching at Club level may be released from the program with no refund of fees paid. This decision will be made in consultation with the WDNA Inc. Board.
- 5.4 The ADO will conduct a MDP induction meeting with parents of successful athletes outlining the following:
 - 5.4.1 Ethos of Metro Development Program
 - 5.4.2 Training responsibilities of the athlete
 - 5.4.3 Expectations of parents and athletes
 - 5.4.4 Court time at MDP will be outlined.



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6. FEEDBACK

- 6.1 Athlete feedback will only be given to those athletes who are released after squad selection.

7. COSTS & PAYMENTS

- 7.1 Actual costs may vary from year-to-year dependent upon the Association costs for the program, which includes, but is not limited to, Specialist Coaches, Equipment, Uniforms, Physio, Competition Entry Fees and Insurances.
- 7.2 The following table outlines the fees. The approximate cost for the program is \$115.00 per player.

METRO LEAGUE	APPROX FEES	DATE PAYABLE
Trials	\$0.0	At time of registration
Squad Selection	\$115	At time of acceptance of position in next phase
Training Partner	\$70	At time of acceptance of position in next phase

- 7.3 If payment is not received by the due date, the athlete will not be eligible to participate in MDP and may be replaced in the program.
- 7.4 Should anyone be experiencing financial difficulties with reference to the payments they are asked to contact the ADO via phone or email, to organise alternative payment arrangements.
- 7.5 There are no refunds for nonattendance at trials or withdrawal from the program.



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8. SELECTIONS AND SELECTORS

- 8.1 Applications for selecting and coaching positions are sent to all clubs at WDNA Inc. Successful applicants will be notified by the ADO.
- 8.2 Successful applicants will be required to attend a pre-trial meeting to outline duties.
- 8.3 Where possible there will be 2 selectors per court, with a Head Selector will be appointed to each court.
- 8.6 Athletes may be requested to play outside of their nominated positions if a selector identifies that they would be better suited to and have a greater chance of being selected in that position.
- 8.7 All athletes must be viewed at least once in their 1st and 2nd preferred positions.
- 8.8 All selectors and assistants must continually check with athletes to ensure this has occurred. Feedback may be given to the selectors, by the recorders on this.
- 8.9 Rotation of athletes to be co-ordinated so that most athletes are viewed by all selectors.
- 8.10 Selectors and recorders are not permitted to wear any club identifying clothing.
- 8.11 Selectors who have children trialling may not select in their child's age group.
- 8.12 Head selectors have final decisions on selections in consultation with the ADO.
- 8.13 Teams may vary from year to year, dependent on various factors including, but not limited to the quantity of appropriate coach applications that meet the criteria and required skill level of the athletes.
- 8.14 An appropriate Health Care Provider is to be present for each trial, for the purpose of providing first aid to any injured participants.



9 NOTIFICATION OF ATHLETE SELECTION

9.1 Notification of athlete selection or non-selection will be done according to the following table:

METRO DEVELOPMENT	METHOD OF NOTIFICATION
Trials	Announced on website with leg numbers
Final Team Selection	Names announced on website

9.2 When announcements are made on the website, a link will be provided to enable athletes to accept their position in the program and make payments.

10. TRIAL CLOTHING AND UNIFORMS – ATHLETES & COACHES

- 10.1 During trials and team training, athletes are to wear black skirts/shorts/leggings and white T shirts. Leggings must be no longer than knee length as leg numbers must be visible on the lower leg.
- 10.2 Athletes and coaches/selectors are not permitted to wear any club-identified clothing including, but not limited to socks, shorts, skirts, leggings, shirts, jumpers, or bags.
- 10.3 Athletes are not permitted to wear any Association, State or National representative clothing including, but not limited to, socks, shorts, skirts, leggings, shirts, jumpers, or bags.
- 10.4 Any athlete or coach not adhering to these policies will be asked to leave and can return when the offending piece of clothing has been replaced with one that meets with these policies.
- 10.5 Athletes selected into teams will be given a training singlet, the cost of which is included in fees. Athletes are expected to wear the singlet with black shorts (appropriate length) or leggings to each training session. Long leggings are acceptable once teams are chosen.
- 10.6 Athletes will be supplied with an Association dress on loan for the period of the Metro League competition. **This dress must not be altered.** This dress must be returned to the team Manager for the final match. The team Manager is responsible for laundering the uniforms and returning them with the equipment bag on the due date set by the ADO.
- 10.7 Coaches will be supplied with an MDP shirt. These items of clothing are to be worn to all training sessions and throughout the MDP competition.



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11. COACH EXPECTATIONS AND RESPONSIBILITIES

- 11.1 Applications for Team Coach and Assistant Coach will be sent to all clubs. Coaches will be appointed by the ADO and these appointments will be ratified by the Board.
- 11.2 All coaches will be advised by an emailed letter of their appointment prior to the commencement of trials if possible.
- 11.3 This letter will include the Duty Statement, a request for Working With Children card, and Coaches Agreement which is to be signed and returned by the date requested by the ADO.
- 11.4 Assistant coaches may be used as runners, recorders, and athlete organiser's on trial days.
- 11.5 Meeting with all coaches will be conducted by ADO prior to team training to outline all coaching expectations.
- 11.6 All coaches maybe required to submit a training program on the Friday prior to Monday night MDP training to the ADO.
- 11.7 All coaches are required to submit a report on each athlete within the team coached.
- 11.8 The Coach and Assistant Coach are required to submit a written report outlining their views of the program.
- 11.9 Final payment to the Coach will be issued after the ADO receives all reports. Templates will be provided.

12. METRO DEVELOPMENT COMPETITION

- 12.1 It is the players responsibility to arrange their own transport to and from the Hosting Association – Perth (PNA), Fremantle (FNA), Southern Districts (SDNA), and Wanneroo (WDNA), for all Friday matches.
- 12.2 It is aimed for Athletes is have equal court time, on occasion this may not always be the case due to specific areas on court.
- 12.3 The team manager will be responsible to organise appropriate people to score or time matches.
- 12.4 All Athletes, Coaches, Managers, and Parents are to abide by the Rules and Regulations set by the 4 Associations guidelines for this competition (set by the International Netball Federation "Rules of Netball"), unless otherwise stated in this policy.